
Enhancing Mental Health and Emotional Well-Being: The Impact of Practice-based Research - Special Issue

Dialogue & Debate

1. Introduction, **Sarah Corrie** and **Carol Costley**, Middlesex University, UK, pages 1 – 3.
2. [Enhancing Mental Health and Emotional Well-Being for Students and Staff: A Panel Discussion](#) , pages 4 – 6.

Anca Alba, *King's College London*

Lucy Holland, *Middlesex Student Union*

Carl Lyons, *We Are Conscious, Middlesex staff coach*

3. Posters; Researchers in the areas of mental health and well-being:

Introduction, page 7.

Shirley Allen, 'The professional development of early years teachers: recommendations for a curriculum for early years practice', pages 8 – 11.

Nicky Lambert, 'Feeling to Thought, Thought to Action: a Learning Journey', pages 12 – 14.

Herbert Mwebe, 'Monitoring Cardiovascular disease risk in people with serious mental illness (SMI) in inpatient mental health settings', pages 15 - 17.

Karen Manville, 'Canine Assisted Intervention – the impact of intervention duration on reducing anxiety, stress and depression in Higher Education students: a randomised control trial', pages 18 – 20.

Jane Obi-Udejaja, 'Exploring the impact on practice when Service users are involved in staff training on the prevention and management of violence and aggression in local NHS mental health inpatient wards', pages 21 - 25.

-
4. Enhancing student emotional well-being and mental health: A working framework for integrated support **Anca Alba**, Kings College London, pages 26 – 31.

 5. Attending to Mental Health: Individuals, Systems and the Potential Contribution of the Professional Doctorate. **Vanja Orlans**, Psychology Matters Ltd UK, pages 32 - 38.

 6. Challenges and contributions in supervising professional doctorates for experienced practitioners. **David Lane**, Professional Development Foundation, UK, pages. 39 – 53.
-