

# What are nursing staff perceptions towards restrictive practices in Men's Medium Secure Wards?

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*Restrictive practices due to complementary of care and security is a prevalent concerns impacting not only the recovery of individuals admitted in Men's Forensic Medium Secure Services but also the wellbeing of the staff members. Many aspects of forensic men's medium secure hospitals involve containment and control of the patients, who are considered a risk to themselves and others. The purpose of this study was to research the perceptions of Mental Health Nurses, with regards to restrictive practices in men's medium secure services. The aim was to situate the frontline nursing staff (RMN), as the primary source of knowledge to gain an understanding of the impact of restrictive practice derived from experience. However, the study excluded all staff members who are directly managed by the researcher, to avoid bias arising from power coercion.*

*Thirteen semi-structured individual interviews were conducted with individuals who were identified as Registered Mental Health Nurses (RMNs), don't directly manage within a men medium secure hospital, who have worked for at least six months. Descriptive phenomenological approach was used because not much was known about the registered mental health nurses' perceptions on restrictive practices. Data was analysed using qualitative analysis to gain insight into the seven Men's Medium Secure, wards, which supported thematic analysis. Data from interview transcripts was then linked with the findings, theories, policies and practice.*

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